

## YOUR FACILITATORS:

Bob Hafner is a Licensed Mental Health Counselor and a Certified Clinical Hypnotherapist and Release Therapist. He has been practicing hypnotherapy for ten years. Bob has lead motivational workshops and trainings focusing on mental health and healing utilizing multiple approaches for the recovery of the true authentic self. Through the release of the feelings of emotional trauma caused by the troubled areas of one's life, Bob utilizes "Dignity Therapy" in the integration of the mind, body, and spirit to facilitate



wholeness and healing of the client. He also specializes in post traumatic stress disorder (PTSD), depression, addictions, anxiety disorders, stress management, and grief/loss issues.

**Aida Reyes** is a Licensed School Psychologist, and a certified clinical hypnotherapist and release therapist. She has been practicing as an Educational Psychologist in California and Florida since 1984. She is a state certified Clinical Educator in Miami



Dade County Public Schools and is an Area Supervisor for clinical hypnotherapists. Ms. Reyes has facilitated powerful, motivational and dynamic trainings in small and large group settings focusing on personal effectiveness, self-

discovery, healing, and leadership development. Aida has a private practice in Miami where she specializes in marriage therapy, trauma, grief work, and childhood sexual abuse.

Both Mr. Hafner and Ms. Reyes received their hypnotherapy training through the Wellness Institute. They utilize a holistic approach to the healing process and are committed to assisting others on their paths to positive changes and a greater sense of well being.

## TESTIMONIALS:

"...a powerful healing process that has transformed my life."

"The work and processes that went on within the group changed my view on life forever."

"...self awareness to self acceptance, self love and self forgiveness. An experience not to be missed."

## APPLICATION:

Please enroll me in the PTI program!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Work Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**Payment agreement: I agree to pay my own travel expenses, to pay the room and board to the Phoenix Center at each meeting, and to pay the tuition stated in the insert.**

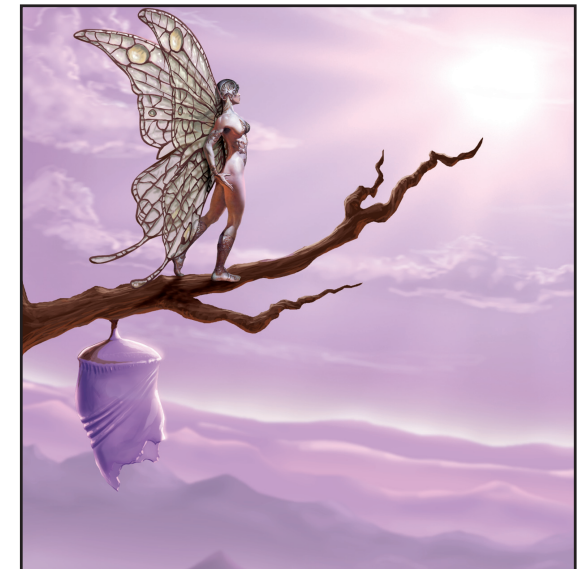
I am eager to begin this next step in my growth, and I am committing to myself and to others in the group to complete the program.

\_\_\_\_\_  
Signature

Please send application to:  
**Phoenix Center for Healing**  
Bob Hafner  
14875 SW 238th St.  
Homestead FL 33032  
786-236-7927

## THE PERSONAL TRANSFORMATION INTENSIVE

*For people who want to take their life to the next level.*



**DISCOVER THE FULL POTENTIAL OF WHO YOU ARE!**

**Phoenix Center for Healing**  
Miami, Florida

## PERSONAL TRANSFORMATION

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Personal transformation means getting down below the surface level of the roles that you play to the deeper level of who you really are. Most people have layers upon layers of emotional, physical and mental blocks that keep them from knowing the truth about who they are and what they can really accomplish in their lives.

Releasing these blocks means the difference between being in charge of your life or having the hidden parts of yourself in charge.

The PTI is an opportunity to explore these deeper levels and move beyond our self-imposed limitations.

No matter where you are in your life now is the best time to begin your personal transformation.

### **Experience these powerful techniques:**

- Hypnotherapy ( a dramatic combination of traditional hypnosis, Gestalt approaches, and energy work);
- Breathwork (sometimes called "conscious connected breathing" or "rebirthing"; integrates one's emotional, physical and spiritual healing);
- Energetic Psychodrama (an awesomely powerful form of psychodrama that incorporates trance work and energy work within a traditional psychodrama format);
- Guided visualization and meditation.

## THE PTI HOW DOES IT WORK

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The PTI is a powerful personal growth program for anyone ready to make a substantial change. It is a valuable adjunct to individual therapy because it takes participants farther in their growth than weekly sessions.

The group processes create an environment in which participants can examine themselves and try out new behaviors. Techniques are taught for clearing relationship problems. Each person is a member of a MasterMind group for the purpose of learning to manifest goals.

Structured as a 4-month group process, facilitated by two specially trained Heart Centered Transformational Psychotherapists. The 115-hour PTI program meets one weekend per month for 4 months.

The weekend retreats are Friday night from 5:00 pm through Sunday, ending at 5:00 pm.

## REAP THE BENEFITS

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You'll have the opportunity to learn to:

- Attract fulfilling relationships.
- Improve communication skills by learning "The Clearing Process".
- Release self-defeating patterns by releasing shame, self-judgment, self-blame and self-criticism which has kept you from liking yourself.
- Experience heart-centered love within.
- Renew yourself and reflect on your life.
- Create support for doing what is in your highest good.
- Improve your physical, mental, and emotional health.
- Learn the role of integrity in creating abundance and prosperity in your life.

You, too, can learn to identify whatever it is that is stopping you from finding the fulfillment that you deserve in your life. No matter what the issue is or how long it's been holding you back, now is the time to take the first step in your Personal Transformation.

Now is the time to make the commitment to yourself!

### **Sign up for the PTI today!**

Aida Reyes, MA, CHT  
(305) 345-3498  
Regrespsych@aol.com

### **Location and Accommodations**

The training will be held at the beautiful Phoenix Center for Healing where you will be staying for the duration of the training.



*Live life to its fullest!*